

# YOUCAT STUDY GROUPS

Small Group YOUCAT India



YOUCAT INDIA

Are we all supposed to become “saints”?

**Yes, The purpose of our life is to be united with God in love and to correspond entirely to God’s wishes. We should allow God “to live his life in us” (Mother Teresa). That is what it means to be holy: a “saint”.**

Every man asks himself the question: Who am I and why am I here, how do I find myself? Faith answers: Only in → HOLINESS does man become that for which God created him. Only in holiness does man find real harmony between himself and his Creator. Holiness, however, is not some sort of self-made perfection; rather, it is union with the incarnate love that is Christ. Anyone who gains new life in this way finds himself and becomes holy.



# SHARING TIME

1. What is one activity/work that you love doing and why? Do you feel united to God while doing this activity?
2. Do you have any experience in your life where you felt the presence of God tangibly?
3. Which way of prayer/method of prayer do you love the most? Why do you love that form prayer?
4. Who is your favourite Saint? Why are you drawn to this Saint?



# ACTIVITY

Exchange each person's favourite Saint among the group members. Each person has to learn and read about that particular Saint's life during the week ahead.

